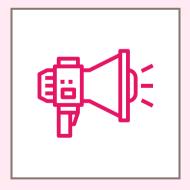


WARRIOR RESOURCES

MISSION



The mission of this organization is to identify, organize, solicit, and provide access to resources that support individuals and communities in the fight against cancer.

VISION



The vision of the Organization is to provide prevention education and postdiagnosis resources to cancer warriors by harnessing the power of communities.

SERVICES



We assist warriors across South Crolina by providing the following:

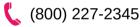
- free post-mastectomy supplies
- treatment assistance
- survivorship resources
- educational resources
- emotional support resources

National Resources



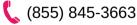
American Cancer Society

Provides information and support on diagnosis, treatment options, financial and health insurance issues, patient support and services, caregiver support and other resources. Their Road to Recovery program provides volunteers to assist with transportation to medical appointments. Call to learn what resources are available in your community.



The Assistance Fund

Provides eligible underinsured individuals with financial assistance to cover all or part of the individuals' outof-pocket cost for the supported medications.



Breast Cancer Assistance Q Fund

Their mission is to help women who are dealing with the stress and anxiety of a breast cancer diagnosis and are in need of financial assistance or emotional support.

(866) 413-5789

Medicare help for Limited Resources or Income

If you are a Medicare beneficiary with limited resources and income, you may be able to get extra help paying for your monthly premiums, annual deductibles, and copayments related to the Medicare prescription drug program.

Cancer Care

Offers free emotional support. information and practical help, including counseling, support groups, workshops, resources and financial assistance.

(800) 813-4673

Three Lollies

Makes Quesy pops and drops to help with an upset stomach and dry mouth. Will send Sample 6 pack box of fan favorite flavors. Email info@threelollies.com

Headcovers Unlimited

Hats and wigs for chemo patients. patients can create a wishlist to send to friends and families as well.

Kesem

A nationwide community that supports children through and beyond their parent's cancer. The program provides free year-round services, Kesem Through, and Beyond Support provides children impacted by a parent's cancer a continuum of touch points throughout the year. Their largest program, Camp Kesem, is a week-long summer camp is provided free of charge for children ages 6-18.



(253) 736-3821

Living Beyond Breast Q

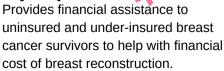
Cancer

Connects people with trusted breast cancer information and a community of support. The Breast Cancer Helpline (formerly the Survivors' Helpline) provides peer support services from volunteers with a personal history of breast cancer.



(855) 807-6386

My Hope Chest





Patient Advocate Foundation

Provides case management assistance, financial aid for co-pays, co-insurance and deductible assistance and basic living expenses, and other supports.



(800) 532-5274

Patient Services Inc.

Provides financial assistance to help women who are at high risk for breast cancer gain access to Magnetic Resonance Imaging (MRI) screenings.



(800) 366-7741

The Pink Fund

Provides non-medical cost-of-living expenses to breast cancer patients in active treatment for breast cancer so they can focus on healing, raising their families, and returning to the workplace.



(877) 234-7465

Little Pink Houses of Hope

Offers FREE week long retreats for breast cancer patients and their families.

The Breast & Chest Buddy

Seatbelt cocoon to better cushion delicate mastectomy and breast reconstruction sites. Also - Port A Pal - smaller version for port site

Knitted Knockers



Knitted Knockers are special handmade breast prostheses for women who have undergone mastectomies or other procedures. Knitted Knockers are soft. comfortable, beautiful and when placed in a regular bra they take the shape and feel of a real breast. Our special volunteer knitters provide these FREE to those requesting them.



*Indicates breast cancer specific

National Resources

Gracie's Foundation

SIMPLE...and FREE....Request a gift for a woman currently undergoing treatment for ANY TYPE of cancer. Click on this email to register patient: graciefoundation2@gmail.com Please include:patient name and age, mailing address, type and stage of cancer, treatment center city/state. Don't have this information? No worries, email us with as much information as you have.

<u>Bright Spot Network</u>

Helping families through cancer Provides parents of children with a safe space for individual and family healing, recovery and reconnection. Programs and services – support groups, free age appropriate books about dealing with cancer, box of art projects.

<u>Healthy 10 Challenge</u> (<u>AIDR</u>)

AICR's 10 week interactive program will help you build healthy habits to eat smart and move more.

Young Survival Coalition

YSC strengthens the community, addresses the unique needs, amplifies the voice and improves the quality of life of young adults affected by breast cancer, locally, nationally and internationally. Provides in-person and virtual support groups for young adults battling cancer.

Leslie's Week

Gifts Vacations Away from Cancer to Stage 4 Breast Cancer Women and their families where they Create Memories that Outlast Cancer in a Celebration of Life.

Pink Hearts Fund

A ministry and outreach organization that provides a variety of products and services including free human hair wigs (cranial prosthesis) for any woman with cancer in the US undergoing hair loss from chemotherapy or radiation (constituent is responsible for shipping cost).

The Verma Foundation

Custom cap wigs at no cost for women and children fighting cancer and dealing with the emotional side effect of hair loss. The cap wigs are made from 100 percent human hair, customizable, and completely free for cancer patients. After verifying their diagnosis with the Verma Foundation, each patient is entitled to a cap and can choose the color of both cap and hair.

Bottle Cap Natural Resource

Offers a free homemade, soft crocheted chemo hat (i.e. Battle Cap) and care package (i.e. Battle Kit) to help anyone battling cancer. Service is free, including shipping.

Tender Loving Care

Helps women facing cancer treatment cope with the appearance-related side effects of cancer. Products include wigs, scarves, hairpieces, hats, turbans, breast forms, prostheses, bras, camisoles and tanks, swimwear, and helpful accessories at the lowest possible prices. The catalog and website offer the convenience and privacy of home shopping. To request the most recent catalog, please fill out the form at website link above!

<u>CancerCare Pet Assistance</u> <u>& Wellness (PAW)</u>

<u>Program</u>

Assists people undergoing cancer treatment with the challenges of keeping their cat or dog at home.

(800) 813-HOPE (4673)

CancerCare Financial Assistance Program

Offers financial assistance to help with the cost of treatment related transportation, child care, and home care for all types of cancer.



(800) 813-4673

2

*Indicates breast cancer specific

Corporate Angel Network

Travel to specific appointment at a recognized cancer treatment center; for qualifications and application, go to our website.

Angel Flight

Free air transportation for any legitimate, charitable, medically related need. This service is available to individuals and healthcare organizations. We will also arrange transportation of those people who are financially distressed, or who are in a time critical, non-emergency situation due to their medical condition.

American Breast Cancer Foundation - Key to Life Program

Grant assistance for diagnostics, emergency treatment, Medication, Breast Prostheses and Bras, Lymphedema garments, Transportation Assistance, Wigs for Chemotherapy.



(877) 539-2543

National Cancer Assistance Foundation

Uses donations to help those affected by cancer and their families by paying for everyday living expenses like rent, utilities, transportation, groceries, lodging while at treatment, childcare costs, and other essential living expenses.



(866) 413-5789

<u>Supplemental Security</u> Income

(over 65, blind, or disabled) Benefit income is based on need. Once established you will automatically be eligible for Medicaid.



(800) 772-1213



National Resources

Sisters Network



A national African American breast cancer survivorship organization that offers a variety of programs offering financial assistance to patients and free mammograms to underserved and uninsured women.



(866) 781-1808

FREE Cell Phone-

Assurance

Free cell phone for those that are on limited income with 250 minutes of talk time.

FREE Cell Phone- Safe Link

Free cell phone for those that are on limited income with 250 minutes of talk time.

Low Income Home Energy Assistance Program

Federally funded program that helps with: Bill payment assistance, Energy crisis assistance and Weatherization and energy-related home repairs.

(866) 674-6327

SC Office: (803) 734-0662

Patient Advocate Fund

A one-time grant of \$300 to cover expenses for lymphedema care and supplies, durable medical equipment, transportation costs associated with getting to and from treatment, prosthesis and wigs, or childcare and/or elder care necessitated by treatment. Patients must apply on their own behalf over the phone. To apply, patients should call the Financial Aid Fund division of PAF below:



(855) 824-7941

Good Wishes Scarves

Free 32" square scarf or It's a Wrap. (888) 884-3653

Breast Cancer Treatment Q Handbook

Number one breast cancer education book given by hospitals and doctors. Can be bought individually or in bulk.

LiveStrong Foundation

Offers free fitness classes through local YMCAs, plus support services for all cancers.



(855) 220-7777

Look Good Feel Better

Free service offered to women undergoing chemotherapy or radiation treatment. These monthly sessions, designed to help women cope with appearance related side effects of their treatment, are conducted by trained cosmetologists. Each patient receives a free makeup kit to use during the session and to take home.



(800) ACS-2345



Reach To Recovery



Offers one-on-one visitation program for women facing breast cancer. Trained volunteer breast cancer survivors provide non-medical information, support, and practical tips.



(888) 227-6333

Free Meditations - from Memorial Sloan Kettering

Free online meditations for cancer patients.

Free Tai Chi - from Memorial Sloan Ketterina

Free online meditations for cancer patients.

Allyson Whitney Foundation

Provides young adults (16-46) with "Life Interrupted Grants" to ease their financial burden.



Indicates breast cancer specific

Breasties



The first all-inclusive nonprofit organization that creates community for survivors, thrivers, and caregivers, impacted by breast and gynecologic cancers. We're on a mission to empower through connection, free events, and trusted resources, and to fund research for metastatic breast cancer.

HealthWell Foundation

A leading independent non-profit dedicated to improving access to health care for America's underinsured. When health insurance is not enough. we fill the gap by assisting with copays, premiums, deductibles and out-ofpocket expenses.

NeedyMeds

Provides information on healthcare programs, offering direct assistance and facilitating programs.



(800) 503-6897

Partnership for **Prescription Assistance**

Helps qualifying patients without prescription drug coverage get the medicines they need for free or nearly free.

RX Assist

Helps educate about ways to use pharmaceutical company programs and other resources to help reduce your medication costs. Look at their database and frequently asked questions to get started.

Johnson & Johnson **Patient Assistance**

Foundation

Helps with the cost of prescription drugs.



(800) 652-6227

Cleaning for a Reason

Free Housecleaning for those actively going through cancer treatment. Apply online for one of over 20 agencies across SC to come and give you a hand.

SC Statewide Resources

Free Mammograms

Best Chance Network- Free Mammograms for women ages 47-64 who meet income guidelines call (800) 227-2345

Lexington Medical Center- To schedule call (803) 791-2521

Palmetto Health Offices of

Community Health- Free cancer screening in community locations throughout Richland, Lexington, & Fairfield counties. (803) 296-3070 Susan G Komen Centers- SC is served by 3 different affiliates (find under each region).

Alala

Offers postsurgical support prosthetics, mastectomy bras, compression sleeves/lymphedema sleeves, post surgery camisoles, hats, scarves, etc.



(803) 569-4373

United Way 211

One stop resource for finding assistance with: child care, education, employment, financial counseling, food, healthcare, housing, prescription assistance, transportation

SC Thrive

Connects people with crucial benefits, from food security and healthcare resources to financial wellness and more



(800) 726-8774

Casting Carolinas

Three Day Retreat Weekends offer a full schedule of activities that includes basic fly fishing instruction, health and wellness education and groups that provide skills for living life after cancer diagnosis and treatment and opportunities for support and connection with other women surviving cancer.

Retreats free for first time attendees!



(828) 407-0560

Low Income Home Energy Assistance Program

Resident of one of the following seven counties in South Carolina: Aiken, Allendale, Bamberg, Barnwell, Edgefield, McCormick, or Orangeburg. Mileage reimbursement and Medicine

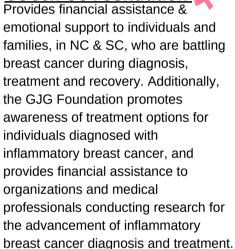


(803) 734-0662

SC Office of Economic Opportunity

Assists with the cost of heating.

Go Jen Go Foundation



Best Chance Network

Helps women who need to be screened for breast and cervical cancer, but do not have insurance or have insurance that only covers hospital care, are between the ages of 47 and 64, and meet income guidelines.



(800) 227-2345



Elder Care- SC Dept. of Aging

They can help with filling out the appropriate forms for Medicaid, SNAP, Home Safety Check-ups with possible financial assistance for ramps, grab bars, or other safety items.

They also have resources for buses to pick up and take them to senior center for food, activities, shopping, food bank and vouchers.



(803) 734-9900

SC Access

A FREE "One-Stop Shop" website providing on-line resources and educational information for seniors, adults with disabilities, and caregivers.

Senior Farmer's Market **Nutrition Program**

Not all counties, but call and see if vours participates.



(803) 898-0973

Bold & Beautiful Wigs for Cancer

1561 Highway 17 North Little River, South Carolina 29566 Monday through Friday 10:00 AM to 5:00 PM Saturday by Appointment https://www.wigsforcancercharity.co m/contact-us/.



(843) 424-1638



*Indicates breast cancer specific

Upstate Resources

Susan G. Komen 🔎

Foundations

Mountains to Midlands Affiliate: Abbeville, Aiken, Anderson, Cherokee, Chester, Chesterfield, Edgefield, Fairfield, Greenville, Greenwood, Kershaw, Lancaster, Laurens, Lexington, McCormick, Newberry, Oconee, Pickens, Richland, Saluda, Spartanburg and Union counties (864) 234-5035

Charlotte Affiliate: York (704) 347-8181

Free Yoga

Greenwood- Call for times and locations

(864) 725-5977

Free Tai Chi

Spartanburg- call for times and locations

(864) 560-6747

Laurens County Cancer <u>Association</u>

Offers fuel assistance, nutritional supplements, and household & personal hygiene items. Only two qualifications for service: 1. Be a resident of Laurens County and 2. Be currently receiving cancer treatment directed by an oncologist.



1337 Medical Ridge Rd. Clinton, SC 29325.

(864) 833-3976



Angels Charge Ministry

Provides transitional housing for incarcerated women in Spartanburg. (864) 754-4658

Cherokee County Meals on Wheels

Provides weekly, healthy meals for anyone who is homebound, regardless of age or income

(864) 487-2730

St. Luke's Free Medical Clinic

St. Luke's offers quality health care to uninsured Spartanburg County residents.

(862) 542- 2273

AccessHealth

If you live in Spartanburg, Union, or Cherokee County and do not have health insurance coverage and are not eligible for either Medicaid or Medicare, you might be eligible for the AccessHealth Spartanburg program.

(864)-560-0190

Cancer Association of Anderson

For patients in active treatment, they offer financial assistance for treatmentrelated expenses. For both patients and survivors, they offer information and referral about cancer services in Anderson County and beyond, support groups, oncology rehabilitation at the AnMed Health LifeChoice Gym and a 10-week Survivor School for women, as well as the opportunity to establish informal connections to others who have fought cancer and survived. They also offer free hats and wigs.

(864) 222-3500

Support Groups in Upstate

- · Beyond Breast Center, Piedmont Memorial Hospital
- · Just US, Gibbs Cancer Center, Spartanburg
- Pretty In Pink- Self regional Cancer Center- Greenwood, SC

Cancer Association of Spartanburg & Cherokee Counties

Provides critical supplies to patients, including nutritional supplements, bras and breast prostheses, ostomy supplies, counseling, home care supplies, wigs and hats, gas cards for treatment transportation, help with cancer medication costs, loan of hospital equipment.

(864) 582-0771

Spartanburg Regional-Mammography Assistance **Programs**

If you are concerned you cannot afford a mammogram, our Mammography Assistance Program can help.

(864) 560-6144

That Special Look Boutique

Offers mastectomy products, synthetic wigs, hats, turbans, and other specialty oncology products for women battling cancer

(864) 530-6453

Cancer Society of Greenville County

Offers assistance with prescription, transportation, and specialized home health equipment costs. They also have a variety of support groups for both patients and caregivers as well as counseling services



(864) 232-8439

Midlands Resources

Cancer of Many Colors

A one-time payment of non-medical cost-of-living bills to cancer patients in the midlands in active treatment for all types of cancer.



(803) 957-1048

<u>CanHope</u>

Provides finanicial support with medications, equipment, and transportation to treatments. Must meet income requirements.



(803) 649-5433

Senior Farmer's Market Nutrition Program

Must be over the age of 60 provide provides fresh fruits and vegetables from local farmers markets.



(803) 898-0973

Chemo With Style

Chemo with Style is a program that offers free, tailored wigs for ladies who have lost their hair to chemotherapy or radiation. In addition to providing a wig or hairpiece, "Chemo with Style" will help cut and style wigs.



(803) 400-1177

The Lydia Project

Provides encouragement and funds for rent, utilities, medical supplies and prescriptions. For Aiken and Edgefield. Requires a fax from medical oncology team.



(706) 736-5467

Becky's Place Boutique

Provides wigs prostheses and apparel fittings including scarves and face masks.



(803) 791-2440

Wateree Community Action

Help to support with utility bill assistance and rental assistance. serves Clarendon, Kershaw, Lee, Richland and Sumter counties.



(803) 807-9811

In The Middle 🔏



Provides financial assistance to women who are financially "in the middle" contact for requirements and funding options.



(803) 800-3915

Share our Suzy 🔏



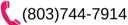
Provides financial assistance to breast cancer patients who are undergoing treatment. Must be a South Carolina resident.



(864) 502-8701

Brookland Foundation

Offers breast cancer support groups.



Alala- Columbia

Offers postsurgical support prosthetics, mastectomy bras, compression sleeves/lymphedema sleeves, post surgery camisoles, hats, scarves, etc.



(803) 569-4373



Senior Express

Offers seniors safe and reliable transportation to and from appointments. Wheelchairs or walkers must be collapsible as the vehicles do not have ramps or lifts. 🥐 (803) 926-7933

Lexington Medical center support groups:

Losing is Not an Option Wednesdays at 11:30am (803) 939-8774 Sharing of Hope 2nd Thursday of the month at 5pm (803) 791-2521 Woman to Woman 4th Thursday of the month at 5pm (803) 791-2521 www.lexmed.com/

Prisma Health Support O **Groups:**

Bosom Buddies support group meet 2nd Tuesday of every month contact Sue whitlock, RN, BSN, **OCN** (803) 296-8575

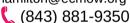
Lowcountry Resources

East Cooper Meals on Wheels

For anyone who is homebound, regardless of age or income (cancer patients and their families, active treatment or recovery mode, cannot get to the store and/or cook). Meals available until back on your feet and able to cook for yourself.7 days a week. Service area is Sullivan's Island, IOP, Mt. Pleasant as far north as basically Wando High School, Daniel Island, and Clements Ferry Road. Website 24/7:

https://ecmow.org/medical-referral-form/ Office 8 am - 3 pm:

Rachel, Recipient Services Manager: rhamilton@ecmow.org

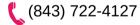


Meals on Wheels of Charleston

**Only assists people age 60 or older

One hot meal each weekday to homebound seniors. Referrals taken through Trident Area Agency on Aging: 843-554-2275 to complete assessment.

Charleston Area Senior Center operates a senior center at 259 Meeting Street. Charleston, which provides a breakfast and lunch meal and emergency food pantry.



CanCare Charleston

A network of trained volunteers including cancer survivors, caregivers of cancer survivors and medical professionals who provide one on one support to people facing $\stackrel{\cdot}{\mbox{www.dragonboatcharleston.org}}$ all types of cancer. Support is available one time or on an ongoing basis.

www.cancarecharleston.org Cancarecharleston@gmail.com

(843) 486-1479

<u>Livestrong at the YMCA</u>

A research-based physical activity and well-being program designed to help adult cancer survivors reclaim their total health. Summerville YMCA CommunityHealth@SummervilleYMCA. org

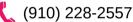
(843) 486-1479

Amor Healing Kitchen

Eligibility for our program includes all 3 of the following:

- 1. Currently under a doctor's care
- 2. Going through active cancer treatment or within 6 months of recovery from treatments
- 3. Living in one of our delivery areas Delivery Areas: once a week John's Island, Wadmalaw Island, Kiawah Island, James Island, Downtown Charleston, West Ashley, Mt. Pleasant, Isle of Palms, Sullivan's Island, and some areas of North Charleston.

Currently serving the following zip codes: 29401, 29404, 29405, 29407, 29412, 29414, 29424, 29439, 29451 (IOP only), 29455, 29464, and 29487. For enrollment, contact: katy@amorhealingkitchen.org,



Fighting Cancer, Celebrating Survivorship

Dragon Boat Charleston (DBC) offers cancer survivors a way to "hit the restart button" after diagnosis and treatment as well as involve supporters from the Charleston community. Our mission is to promote the physical and mental wellness of cancer survivors and their community of supporters through dragon boating. DBC is FREE for all cancer patients/survivors.

<u>Dragon Boat Beaufort</u>

DragonBoat Beaufort (DBB) is an allvolunteer non-profit organization dedicated to assisting cancer patients who live, work, or receive treatment in Beaufort County. Volunteers drive patients to and from appointments http://dragonboatbeaufort.org email:raceday@dragonboatbeaufort.org



*Indicates breast cancer specific

Support Groups in Lowcountry SC:

- · 2nd Chance, Charleston
- Charleston Dragon Boat
- East Cooper Breast Cancer Support Group
- Embracing U
- Rise sister Rise
- S.A.S.S.Y. Roper St Francic Support Group
- The Paula Williams Memorial **Breast Cancer Center**
- Trident Breast Health Services Center
- Young Survival Coalition, Charleston

Share our Suzy-Lowcountry

SOS helps breast cancer patients and their families in the Lowcountry area by providing assistance to ease their journey from diagnosis to recovery. https://soslowcountry.org/



(843) 732-0660

Susan G. Komen Foundations: Lowcountry

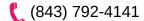
Marion, Georgetown, Williamsburg, Florence, Calhoun, Berkeley, Charleston, Dorchester, Orangeburg, Bamberg, Barnwell, Allendale, Jasper, Beaufort, Colleton, Hampton, Horry. www.komen.org



Charlotte contact: (843) 556-8011 . Vork Contact: (704) 347-8181

Survivor's Fit Club-Charleston

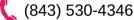
MUSC Hollings Cancer Center invites breast cancer survivors to enroll in Survivor's Fit Club. This 10 week exercise, nutrition and behavior change program focuses on improved cardiovascular fitness, muscle strength, body composition, fatigue, anxiety, depression, self-esteem and quality of life factors specific to cancer survivors. For more information about the program please call



Lowcountry Resources

<u>EmbracingU</u>

Embrace, Educate and Empower individuals to live a healthy life before. during and after breast cancer. Hold a monthly survivor support conference call, as well as annual events. Assist with financial funding to support survivors and those in the Community requiring diagnostic services, such as mammograms Email: Info@EmbracingU.com



The Lonon Foundation

To help children affected by their parent or caregiver's cancer diagnosis find comfort, heal and grow from their shared experiences. Provides FREE events for children 5-17 years old who have been affected by their parent's or caregiver's cancer.

email:annalonon@thelononfoundation.org



(804) 874-3266

Helping Hand of Myrtle Beach

Helping Hand of Myrtle Beach is dedicated to providing short-term crisis assistance to members of our local community.

(843) 448-8451

Caring in Our Lifetime

Caring In Our Lifetime is dedicated to raising funds and providing financial assistance with medical expenses to individuals in Horry and Georgetown counties affected by breast cancer.

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- Charleston Dragon Boat
- East Cooper Breast Cancer **Support Group**
- Embracing U
- Rise sister Rise
- S.A.S.S.Y. Roper St Francic Support Group
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(843) 486-1479

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(803) 569-4373

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